

Spring Summer 2017 Lunch & Cold Tea Week 4

Monday

Caribbean Fish Stew
Rice
Caribbean Stewed Quorn

Baked beans on wholemeal toast

Fruit Jelly

Melon slices

Tuesday

Roasted Pepper & Basil Tomato Sauce
Organic Pasta & Grated Cheese

Vegetable pasties with a salad of lettuce,
tomatoes & cucumber, salad cream

Natural Yoghurt & fruit compot

Banana & Apple slices

Wednesday

Lamb & Spring Vegetable Casserole
Lentil & Vegetable Casserole
Cous Cous

Chicken & cucumber wholemeal sandwiches

Mini muffin

Organic Fruit Yogurt

Thursday

Tuscan Tuna Stew
Tuscan Butterbean Stew
Rice

Cheese & Coleslaw wraps, carrot and
cucumber sticks.

Raspberry & White Chocolate Sponge

Orange slices

Friday

Broccoli & Cauliflower Cheese
New Potatoes Peas & Sweetcorn
Cauliflower Cheese

Savory vegetable rice

Cotswold Strawberry Ice Cream

Fruit selection

About Our Menu

Our menus run on a four-week cycle offering a different range of meals each week, so that your child has the varied diet required to help them develop their tastes and make healthy choices in the future.

All our meat is locally sourced and Farm Assured. All our eggs are free range. We use seasonal vegetables where possible.