



## Summer menu Week 4

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Monday

vesday

Pork Chipolatas in Gravy Mashed Potato
Peas & Sweetcorn

Organic Yogurt

Bagels with cream cheese & cucumber

Fruit salad

Beef & Vegetable Goulash & Cous Cous

Flapjacks

Savory noodles

Grapes & Satsuma slices

Wednesday

Caribbean Fish Stew & Rice

Cotswold Ice Cream

Hummus & pita with carrots & cucumber fingers

Grapes & strawberries

hursday

Tomato Basil & Lentil Sauce, Cheese & Pasta

Raspberry & White Chocolate Sponge

Cheese & onion rolls with grated carrot, raisins & celery

Fruit selection

Sweet & Sour Chicken

Fruit Jelly

Crumpets with marmite spread, cheese cubes
& apple slices

Frida

## About Our Menu

Our menus run on a four-week cycle offering a different range of meals each week, so that your child has the varied diet required to help them develop their tastes and make healthy choices in the future.

All our meat is locally sourced and Farm Assured. All our eggs are free range. We use seasonal vegetables where possible.